



# FUTURES CHAMPIONSHIPS

## 2024 TIME STANDARDS

WOMEN		18 & U	MEN	
SCY	LCM		LCM	SCY
23.89	27.39	50 FR	24.59	21.29
51.89	59.29	100 FR	53.59	46.39
1:52.29	2:07.79	200 FR	1:57.79	1:41.59
5:02.59	4:28.79	400/500 FR	4:09.99	4:37.09
10:20.49	9:13.79	800/1000 FR	8:40.69	9:34.29
17:14.39	17:40.19	1500/1650 FR	16:38.99	16:05.49
57.09	1:06.79	100 BK	1:00.59	51.49
2:04.19	2:23.99	200 BK	2:11.89	1:52.79
1:05.49	1:15.99	100 BR	1:08.19	57.99
2:22.69	2:43.39	200 BR	2:29.09	2:07.99
56.59	1:04.69	100 FL	57.99	50.59
2:05.39	2:21.89	200 FL	2:10.19	1:53.69
2:06.39	2:26.19	200 IM	2:12.79	1:53.89
4:30.69	5:07.29	400 IM	4:42.39	4:06.99
x	4:04.29	4x100 FR-R	3:40.89	x
x	8:40.89	4x200 FR-R	8:00.49	x
x	4:33.79	4x100 MED-R	4:05.89	x

WOMEN		19 & O	MEN	
SCY	LCM		LCM	SCY
22.79	26.59	50 FR	23.79	20.39
49.69	57.59	100 FR	51.99	44.39
1:47.39	2:04.29	200 FR	1:54.09	1:38.09
4:48.09	4:21.39	400/500 FR	4:02.79	4:27.69
9:56.79	8:58.69	800/1000 FR	8:23.09	9:13.19
16:32.59	17:11.29	1500/1650 FR	16:05.09	15:34.19
54.49	1:04.39	100 BK	58.19	48.89
1:57.69	2:18.29	200 BK	2:06.99	1:47.09
1:02.79	1:13.29	100 BR	1:05.29	55.29
2:15.49	2:38.29	200 BR	2:22.89	2:00.99
53.99	1:02.39	100 FL	55.99	48.39
1:59.39	2:16.99	200 FL	2:05.09	1:47.89
2:00.59	2:20.99	200 IM	2:08.19	1:48.89
4:15.19	4:57.29	400 IM	4:33.09	3:52.69
X	4:04.29	4x100 FR-R	3:40.89	X
X	8:40.89	4x200 FR-R	8:00.49	X
X	4:33.79	4x100 MED-R	4:05.89	X

Qualifying from June 1, 2023 through Entry Deadline